

# Individual Coverage Health Reimbursement Arrangement

# What is an Individual Coverage Health Reimbursement Arrangement (ICHRA)?

A benefit provided by your employer that sets money aside for you to spend on eligible healthcare expenses.

## HOW DO I GET THE MOST FROM MY ICHRA

# Online account and claim filing

You can log in to your online account and review your ICHRA balance, claim status or submit for reimbursement for out of pocket claims.

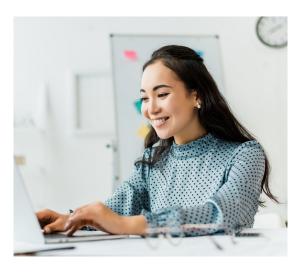
# **Text alerts**

Sign up for text alerts in your online account and stay on top of your ICHRA balance and debit card transactions.

# What does it cover?

There are thousands of eligible items, including:

- Individual health insurance premiums
- Medicare premiums Part A, B, C and D
- Medicare Supplement premiums
- ACA compliant catastrophic health plans



### Can I enroll?

To be eligible for an ICHRA, you must be enrolled in individual health insurance coverage or Medicare Parts A and B, or Part C. You may not be enrolled in your employer's or spouse's group health insurance plan and enrolled in an ICHRA